



PRESS RELEASE

International Forest Products Limited

Vancouver, BC

September 29, 2006

INTERFOR MAKES PROGRESS ON RESTRUCTURING INITIATIVES

Vancouver, B.C. - **International Forest Products Limited** (“Interfor” or the “Company”) (TSX: IFP.A) announced today that it has concluded the sale of B.W. Creative Wood Products, a manufacturer of specialty wood products, located in Maple Ridge, B.C. and has completed the sale of its Mackenzie Seizai Mill announced earlier this year.

These sales are consistent with the Company’s strategy to focus on its core operations.

Interfor is one of the Pacific Northwest’s largest producers of quality wood products, with operations in British Columbia, Washington and Oregon.

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