



January 19, 2006

Immediate Release

Interfor's Queensboro sawmill recommences operations

Vancouver, British Columbia - **International Forest Products Limited** ("Interfor" or "the Company") (TSX: IFP.SV.A) announced today that its Queensboro sawmill in New Westminster, B.C. recommenced operations on January 17th.

The Queensboro mill - which started up in May 2005 following a \$25 million rebuild – was curtailed in early December in the face of poor operating results. During the curtailment a number of equipment deficiencies were addressed and a revised operating plan was developed which the Company believes will result in improved operating and financial performance.

During the next three to six months the mill intends to conduct additional trials to confirm equipment performance and to determine the most appropriate operating configuration moving forward.

The mill's planer is scheduled to recommence operations on January 31st.

Interfor is one of the Pacific Northwest's largest lumber producers with operations in British Columbia, Washington and Oregon including five sawmills in B.C., two in Washington and two in Oregon. In addition, the Company operates a number of value-added and specialty products facilities in B.C. and Washington.

.

FORWARD LOOKING STATEMENTS

This press release contains statements that are forward-looking in nature. Such statements involve known and unknown risks and uncertainties that may cause the actual results of the Company to be materially different from those expressed or implied by those forward-looking statements. Such risks and uncertainties include, among others: general economic and business conditions, product selling prices, raw material and operating costs, changes in foreign-currency exchange rates and other factors referenced herein and in the Company's annual statutory report.

For more information, please contact:

Duncan K. Davies
President and Chief Executive Officer
604-689-6881